



# MARE NOSTRUM SWIM TOUR

## MONACO



### WOMEN INTERESTING PERFORMANCES

50 Free						100 Free						200 Free						400 Free				
Year	Winner	2nd	4th	8th	16th	Winner	2nd	3rd	8th	16th	Winner	2nd	3rd	8th	16th	Winner	2nd	3rd	8th	Year		
2022	0:24,08	0:24,90	0:25,54	0:26,04	0:26,53	0:54,57	0:55,72	0:55,88	0:56,59	0:57,30	1:58,93	2:00,13	2:01,11	2:03,16	2:06,48	4:11,79	4:13,11	4:14,34	4:16,34	2022		
2023	0:23,90	0:24,60	0:24,81	0:25,51	0:26,09	0:52,88	0:53,52	0:54,49	0:56,03	0:57,10	1:55,03	1:57,75	1:58,58	2:00,47	2:03,87	4:09,94	4:14,26	4:16,59	4:29,06	2023		
2024	0:23,84	0:24,48	0:24,96	0:25,43	0:25,93	0:52,72	0:54,33	0:54,63	0:55,64	0:56,47	1:54,53	1:58,45	1:59,13	2:00,95	2:04,66	4:08,53	4:10,40	4:10,92	4:23,79	2024		
2025	0:24,51	0:24,73	0:25,15	0:25,64	0:26,59	0:53,58	0:53,76	0:54,69	0:56,08	0:57,42	1:56,45	1:59,20	2:00,96	2:03,30	2:10,92	4:14,10	4:16,33	4:17,29	4:35,20	2025		
2026	0:24,27	0:24,76	0:24,97	0:25,46	0:27,28	0:52,13	0:52,67	0:54,55	0:55,67	0:56,97	1:54,27	1:56,10	1:57,36	2:01,91	2:05,53	4:01,80	4:05,31	4:07,09	4:18,86	2026		
AVE 22-26	0:24,12	0:24,69	0:25,09	0:25,62	0:26,48	0:53,18	0:54,00	0:54,85	0:56,00	0:57,05	1:55,84	1:58,33	1:59,43	2:01,96	2:06,29	4:09,23	4:11,88	4:13,25	4:24,65			
50 Back						100 Back						200 Back										
Year	Winner	2nd	4th	8th	16th	Winner	2nd	3rd	8th	16th	Winner	2nd	3rd	8th	16th							
2022	0:27,63	0:27,88	0:28,29	0:29,18	0:30,36	0:59,73	1:00,24	1:01,23	1:03,16	1:04,90	2:12,02	2:12,46	2:13,79	2:18,71	2:23,44	12th	2022					
2023	0:27,37	0:28,15	0:28,22	0:28,93	0:30,02	0:59,83	1:00,03	1:00,18	1:03,31	1:04,79	2:09,76	2:10,15	2:11,12	2:15,27	2:21,15		2023					
2024	0:27,90	0:28,34	0:28,89	0:29,91	0:39,09	0:59,58	1:00,14	1:00,71	1:02,87	1:04,70	2:11,73	2:12,29	2:12,63	2:18,66	2:37,13	12th	2024					
2025	0:27,55	0:27,86	0:28,19	0:28,82	0:30,63	0:59,62	1:00,08	1:00,72	1:02,89	1:04,81	2:09,87	2:09,88	2:11,58	2:17,00	2:23,23		2025					
2026	0:27,38	0:27,58	0:28,07	0:28,83	0:30,49	0:59,40	0:59,51	1:01,29	1:04,04	1:05,06	2:10,59	2:13,15	2:13,84	2:20,84	2:34,62	15th	2026					
AVE 22-26	0:27,57	0:27,96	0:28,33	0:29,13	0:32,12	0:59,63	1:00,00	1:00,83	1:03,25	1:04,85	2:10,79	2:11,59	2:12,59	2:18,10	2:27,91							
50 Breast						100 Breast						200 Breast										
Year	Winner	2nd	4th	8th	16th	Winner	2nd	3rd	8th	16th	Winner	2nd	3rd	8th	16th							
2022	0:29,90	0:30,93	0:31,43	0:32,20	0:33,92	1:06,55	1:06,60	1:07,46	1:09,30	1:12,92	2:25,98	2:26,47	2:27,31	2:33,60	2:46,31		2022					
2023	0:29,75	0:30,21	0:30,84	0:31,47	0:33,04	1:05,99	1:07,04	1:07,25	1:09,14	1:17,87	2:26,07	2:27,33	2:29,82	2:42,06	2:48,53	9th	2023					
2024	0:30,55	0:30,59	0:32,17	0:38,89	0:38,89	1:06,79	1:07,48	1:07,52	1:09,96	1:18,54	2:23,46	2:25,46	2:26,48	2:35,43	3:00,34	13th	2024					
2025	0:29,90	0:30,28	0:30,88	0:31,05	0:33,21	1:07,10	1:07,10	1:07,24	1:08,98	1:15,47	2:25,29	2:25,73	2:29,29	2:42,48	2:50,93		2025					
2026	0:29,86	0:30,48	0:31,15	0:31,43	0:32,50	1:06,80	1:07,12	1:07,55	1:09,19	1:11,49	2:22,92	2:23,40	2:24,50	2:35,32	2:44,83	13th	2026					
AVE 22-26	0:29,99	0:30,57	0:31,29	0:33,01	0:34,31	1:06,65	1:07,07	1:07,40	1:09,31	1:15,26	2:24,74	2:25,68	2:27,48	2:37,78	2:50,19							
50 Fly						100 Fly						200 Fly										
Year	Winner	2nd	4th	8th	16th	Winner	2nd	3rd	8th	16th	Winner	2nd	3rd	8th	16th							
2022	0:25,26	0:25,87	0:27,45	0:27,84	0:28,61	0:59,12	0:59,36	0:59,39	1:00,52	1:03,05	2:08,88	2:08,97	2:11,31	2:19,12	2:28,09	14th	2022					
2023	0:24,89	0:25,96	0:26,16	0:26,60	0:28,28	0:58,25	0:58,79	0:59,52	1:02,17	1:06,98	2:09,65	2:10,27	2:10,27	2:19,13	2:25,86	10th	2023					
2024	0:24,95	0:26,13	0:26,70	0:27,02	0:29,49	0:57,04	0:57,90	0:58,04	0:59,64	1:01,49	2:07,31	2:09,53	2:10,37	2:14,91	2:17,65	10th	2024					
2025	0:25,73	0:25,79	0:26,48	0:26,70	0:27,80	0:57,91	0:58,03	0:58,36	1:00,52	1:04,48	2:09,79	2:13,29	2:14,53	2:28,53	2:29,46	9th	2025					
2026	0:25,75	0:26,22	0:26,41	0:27,38	0:28,00	0:57,36	0:58,49	0:58,73	1:01,07	1:03,38	2:09,62	2:13,80	2:14,95	2:23,34		7th	2026					
AVE 22-26	0:25,32	0:25,99	0:26,64	0:27,11	0:28,44	0:57,94	0:58,51	0:58,81	1:00,78	1:03,88	2:09,05	2:11,17	2:12,29	2:21,01	2:25,27							
200 Ind Medley						400 Ind Medley																
Year	Winner	2nd	3rd	8th	16th	Winner	2nd	3rd	8th													
2022	2:12,22	2:12,55	2:13,18	2:18,35	2:21,58	4:43,31	4:45,31	4:47,67	4:49,04	2022												
2023	2:09,28	2:09,75	2:12,95	2:21,60	2:31,92	4:42,62	4:47,53	4:52,82	5:10,94	2023												
2024	2:09,19	2:11,66	2:11,74	2:21,58	2:48,61	4:34,87	4:37,48	4:41,69	4:56,67	2024												
2025	2:10,18	2:12,30	2:12,98	2:19,85	2:32,07	4:41,56	4:43,87	4:46,69	5:07,39	2025												
2026	2:09,77	2:12,34	2:13,05	2:25,04	2:34,80	04:36,2	4:47,78	4:48,58	5:10,19	2026												
AVE 22-26	2:10,13	2:11,72	2:12,78	2:21,28	2:33,80	4:39,71	4:44,39	4:47,49	5:02,85													

8th-16th, morning times to proceed to the finals

For Speed tournament:

- 16th from heats
- 8th from Quarter Finals
- 4th from Semifinals
- 1st-2nd from Final



# MARE NOSTRUM SWIM TOUR

## MONACO



### MEN INTERESTING PERFORMANCES

	50 Free Winner	2nd	4th	8th	16th
2022	0:21,49	0:21,70	0:22,08	0:22,30	0:22,71
2023	0:21,72	0:21,74	0:22,11	0:22,59	0:23,31
2024	0:21,86	0:21,95	0:22,96	0:22,61	0:22,86
2025	0:22,01	0:22,03	0:22,39	0:22,52	0:23,08
2026	0:21,43	0:21,87	0:22,26	0:22,78	0:23,24
AVE 22-26	0:21,70	0:21,86	0:22,36	0:22,56	0:23,04

	100 Free Winner	2nd	3rd	8th	16th
2022	0:48,70	0:49,13	0:49,14	0:49,70	0:50,20
2023	0:48,61	0:48,78	0:48,84	0:49,96	0:50,55
2024	0:47,91	0:48,67	0:49,08	0:49,89	0:50,35
2025	0:49,06	0:49,45	0:49,51	0:50,06	0:50,59
2026	0:48,13	0:48,20	0:48,59	0:50,31	0:50,90
AVE 22-26	0:48,48	0:48,85	0:49,03	0:49,98	0:50,52

	200 Free Winner	2nd	3rd	8th	16th
2022	1:46,69	1:47,48	1:48,24	1:49,73	1:51,01
2023	1:47,41	1:48,41	1:48,41	1:50,84	1:52,99
2024	1:46,23	1:46,63	1:47,89	1:49,47	1:51,26
2025	1:48,36	1:48,91	1:49,14	1:51,67	1:53,09
2026	1:46,81	1:47,16	1:48,63	1:50,34	1:52,02
AVE 22-26	1:47,10	1:47,72	1:48,46	1:50,41	1:52,07

	400 Free Winner	2nd	3rd	8th
2022	3:49,27	3:50,65	3:51,71	3:51,89
2023	3:50,24	3:51,14	3:56,71	4:07,65
2024	3:42,42	3:48,43	3:49,17	4:04,40
2025	3:50,08	3:53,60	3:56,88	4:08,13
2026	3:46,57	3:48,27	3:50,90	4:00,06
AVE 22-26	3:47,72	3:50,42	3:53,07	4:02,43

8th-16th, morning times to proceed to the finals

For Speed tournament:

- 16th from heats
- 8th from Quarter Finals
- 4th from Semifinals
- 1st-2nd from Final

	50 Back Winner	2nd	4th	8th	16th
2022	0:24,81	0:24,96	0:25,54	0:25,78	0:26,30
2023	0:24,75	0:25,08	0:25,59	0:26,18	0:27,12
2024	0:24,79	0:25,10	0:25,71	0:26,26	0:26,86
2025	0:24,44	0:24,82	0:25,13	0:26,38	0:27,12
2026	0:24,29	0:24,55	0:25,23	0:25,47	0:26,05
AVE 22-26	0:24,62	0:24,90	0:25,44	0:26,01	0:26,69

	100 Back Winner	2nd	3rd	8th	16th
2022	0:53,62	0:53,97	0:54,00	0:55,74	0:57,29
2023	0:53,45	0:53,97	0:54,30	0:55,64	0:56,35
2024	0:53,34	0:54,01	0:54,82	0:55,34	0:56,66
2025	0:53,81	0:54,08	0:54,14	0:55,96	1:00,64
2026	0:53,47	0:53,58	0:54,45	0:55,63	0:56,31
AVE 22-26	0:53,54	0:53,92	0:54,34	0:55,66	0:57,45

	200 Back Winner	2nd	3rd	8th	16th
2022	1:58,71	1:58,91	1:59,35	2:03,09	2:10,21
2023	1:58,45	1:58,71	1:58,90	2:03,43	2:10,13
2024	1:56,40	1:57,62	1:58,25	2:03,73	2:08,59
2025	1:58,62	1:58,78	1:58,96	2:08,81	2:23,10 15th
2026	1:56,35	1:57,06	1:59,17	2:04,11	2:06,68
AVE 22-26	1:57,71	1:58,22	1:58,93	2:04,63	2:11,74

	400 Back Winner	2nd	3rd	8th
2022	3:58,11	3:58,41	3:59,11	4:03,11
2023	3:58,11	3:58,41	3:59,11	4:03,11
2024	3:56,11	3:57,11	3:58,11	4:01,11
2025	3:58,11	3:59,11	4:00,11	4:04,11
2026	3:56,11	3:57,11	3:58,11	4:01,11
AVE 22-26	3:57,11	3:58,11	3:59,11	4:02,11

	50 Breast Winner	2nd	4th	8th	16th
2022	0:27,10	0:27,19	0:27,77	0:28,51	0:29,51
2023	0:27,02	0:27,40	0:27,90	0:28,88	0:29,34
2024	0:27,15	0:27,32	0:27,74	0:28,78	0:31,26
2025	0:26,59	0:27,03	0:27,31	0:27,93	0:28,25
2026	0:26,69	0:27,76	0:27,17	0:27,73	0:28,89
AVE 22-26	0:26,91	0:27,34	0:27,58	0:28,37	0:29,45

	100 Breast Winner	2nd	3rd	8th	16th
2022	0:59,10	0:59,98	1:00,65	1:03,23	1:04,78
2023	1:00,06	1:00,53	1:00,69	1:02,92	1:03,81
2024	0:59,46	0:59,58	0:59,73	1:01,83	1:03,36
2025	0:59,77	0:59,94	1:00,44	1:01,47	1:03,59
2026	0:59,68	0:59,78	1:00,09	1:01,57	1:03,68
AVE 22-26	0:59,61	0:59,96	1:00,32	1:02,20	1:03,84

	200 Breast Winner	2nd	3rd	8th	16th
2022	2:10,91	2:12,52	2:17,83	2:19,33	2:26,61
2023	2:09,41	2:11,39	2:12,72	2:15,53	2:23,35
2024	2:07,82	2:08,34	2:08,95	2:16,91	2:34,77
2025	2:09,90	2:13,14	2:15,67	2:27,43	2:37,85 15th
2026	2:09,11	2:09,51	2:11,01	2:18,40	2:28,00
AVE 22-26	2:09,43	2:10,98	2:13,24	2:19,52	2:30,12

	400 Breast Winner	2nd	3rd	8th
2022	4:18,11	4:18,41	4:19,11	4:23,11
2023	4:18,11	4:18,41	4:19,11	4:23,11
2024	4:16,11	4:17,11	4:18,11	4:21,11
2025	4:18,11	4:19,11	4:20,11	4:24,11
2026	4:16,11	4:17,11	4:18,11	4:21,11
AVE 22-26	4:17,11	4:18,11	4:19,11	4:22,11

	50 Fly Winner	2nd	4th	8th	16th
2022	0:22,83	0:23,14	0:23,33	0:23,72	0:24,32
2023	0:22,85	0:22,87	0:23,67	0:24,18	0:24,82
2024	0:23,36	0:23,47	0:23,77	0:24,11	0:24,53
2025	0:22,80	0:23,00	0:23,27	0:23,66	0:24,32
2026	0:22,64	0:22,99	0:23,19	0:23,56	0:24,38
AVE 22-26	0:22,90	0:23,09	0:23,45	0:23,85	0:24,47

	100 Fly Winner	2nd	3rd	8th	16th
2022	0:51,76	0:51,79	0:52,33	0:53,04	0:54,42
2023	0:51,28	0:51,40	0:51,86	0:54,29	0:55,23
2024	0:50,75	0:51,25	0:51,70	0:52,93	0:54,41
2025	0:51,48	0:51,80	0:52,28	0:53,60	0:54,52
2026	0:50,66	0:51,11	0:51,49	0:53,20	0:54,58
AVE 22-26	0:51,19	0:51,47	0:51,93	0:53,41	0:54,63

	200 Fly Winner	2nd	3rd	8th	16th
2022	1:56,51	1:56,74	1:57,14	2:00,36	2:05,35
2023	1:54,22	1:55,09	1:55,42	1:59,28	2:05,77
2024	1:53,94	1:54,65	1:55,72	1:58,74	2:06,01
2025	1:57,03	1:57,72	1:58,24	2:05,23	2:27,55
2026	01:56,7	1:56,85	1:56,87	2:01,77	2:08,96 15th
AVE 22-26	1:55,68	1:56,21	1:56,68	2:01,08	2:10,73

	400 Fly Winner	2nd	3rd	8th
2022	4:08,11	4:08,41	4:09,11	4:13,11
2023	4:08,11	4:08,41	4:09,11	4:13,11
2024	4:06,11	4:07,11	4:08,11	4:11,11
2025	4:08,11	4:09,11	4:10,11	4:14,11
2026	4:06,11	4:07,11	4:08,11	4:11,11
AVE 22-26	4:07,11	4:08,11	4:09,11	4:12,11

	200 Ind Medley Winner	2nd	3rd	8th	16th
2022	1:57,43	1:58,31	1:59,02	2:04,03	2:10,35
2023	1:59,64	2:00,31	2:01,24	2:06,46	2:15,75
2024	1:59,36	1:59,50	2:01,93	2:09,32	2:31,11
2025	2:00,49	2:00,77	2:02,36	2:08,56	2:18,99
2026	1:59,76	2:00,07	2:01,13	2:05,83	2:15,43
AVE 22-26	1:59,34	1:59,79	2:01,14	2:06,84	2:18,33

	400 Ind Medley Winner	2nd	3rd	8th
2022	4:12,74	4:17,43	4:18,43	4:22,28
2023	4:12,53	4:13,51	4:19,27	4:39,47
2024	4:18,28	4:20,25	4:22,06	4:53,78
2025	4:17,14	4:24,49	4:24,69	4:38,78
2026	4:16,68	4:17,28	4:18,85	4:33,41
AVE 22-26	4:15,47	4:18,59	4:20,66	4:37,54

	200 Ind Medley Winner	2nd	3rd	8th
2022	2:08,11	2:08,41	2:09,11	2:13,11
2023	2:08,11	2:08,41	2:09,11	2:13,11
2024	2:06,11	2:07,11	2:08,11	2:11,11
2025	2:08,11	2:09,11	2:10,11	2:14,11
2026	2:06,11	2:07,11	2:08,11	2:11,11
AVE 22-26	2:07,11	2:08,11	2:09,11	2:12,11

	400 Ind Medley Winner	2nd	3rd	8th
2022	4:18,11	4:18,41	4:19,11	4:23,11
2023	4:18,11	4:18,41	4:19,11	4:23,11
2024	4:16,11	4:17,11	4:18,11	4:21,11
2025	4:18,11	4:19,11	4:20,11	4:24,11
2026	4:16,11	4:17,11	4:18,11	4:21,11
AVE 22-26	4:17,11	4:18,11	4:19,11	4:22,11