

Mare Nostrum Monaco 20th – 21st of May 2023



Friday 19th of May : 6:30 PM – Deadline for Saturday morning heats withdrawals.

Vendredi 19 Mai : 18h30 - Heure limite de déclaration des forfaits pour les séries du Samedi matin.

Saturday 20th of May

9:00 AM / 9h00 - Heats

200 m Breaststroke	Men
100 m Breaststroke	Women
100 m Freestyle	Men
200 m Freestyle	Women
200 m Butterfly	Men
100 m Butterfly	Women
100 m Backstroke	Men
200 m Backstroke	Women
200 m Ind. Medley	Men
400 m Freestyle *	Men
400 m Ind. Medley *	Women

11:00 AM / 11h00 – Heats : Qualification of the 16 best times

50 m Butterfly	Men	Women
50 m Backstroke	Men	Women
50 m Breaststroke	Men	Women
50 m Freestyle	Men	Women

3:30 PM / 15h30 - B Finals

4:30 PM / 16h30 - Eighth Finals : Qualification of the 8 best times

50 m Butterfly	Men & Women
50 m Backstroke	Men & Women
50 m Breaststroke	Men & Women
50 m Freestyle	Men & Women

5:00 PM / 17h00 - A Finals

400 m Freestyle*	Men
400 m Ind. Medley*	Women
200 m Breaststroke	Men
100 m Breaststroke	Women
100 m Freestyle	Men
200 m Freestyle	Women
200 m Butterfly	Men
100 m Butterfly	Women
100 m Backstroke	Men
200 m Backstroke	Women
200 m Ind. Medley	Men

6:30 PM : Deadline for Sunday morning heats withdrawals.

18h30 : Heure limite de déclaration des forfaits pour les séries du Dimanche matin.

6:20 PM / 18h20 – Quarter Finals : Qualification of the 4 best time

50 m Butterfly	Men & Women
50 m Backstroke	Men & Women
50 m Breaststroke	Men & Women
50 m Freestyle	Men & Women

Limit entry times must be accomplished in a 50 m pool.

Les temps d'engagement doivent être réalisés en bassin de 50 m.

Sunday 21st of May

9:00 AM / 9h00 - Heats

400 m Ind. Medley*	Men
400 m Freestyle*	Women
100 m Butterfly	Men
200 m Butterfly	Women
200 m Backstroke	Men
100 m Backstroke	Women
100 m Breaststroke	Men
200 m Breaststroke	Women
200 m Freestyle	Men
100 m Freestyle	Women
200 m Ind. Medley	Women

3:30 PM / 15h30 - B Finals

4:30 PM / 16h30 – Semi Finals : Qualification of the 2 best times

50 m Butterfly	Men & Women
50 m Backstroke	Men & Women
50 m Breaststroke	Men & Women
50 m Freestyle	Men & Women

5:00 PM / 17h00 - A Finals

400 m Ind. Medley*	Men
400 m Freestyle*	Women
100 m Butterfly	Men
200 m Butterfly	Women
200 m Backstroke	Men
100 m Backstroke	Women
100 m Breaststroke	Men
200 m Breaststroke	Women
200 m Freestyle	Men
100 m Freestyle	Women
200 m Ind. Medley	Women

6:20 PM / 18h20 - Finals "DUELS"

50 m Butterfly	Men & Women
50 m Backstroke	Men & Women
50 m Breaststroke	Men & Women
50 m Freestyle	Men & Women

Fine for undeclared withdrawal : 15€. Withdrawal for the finals, at the latest 30 minutes after the announcement of the qualifiers by the speaker.

Amende pour forfait non déclaré : 15€. Forfait pour les finales, au plus tard 30 minutes après l'annonce des qualifiés par le speaker.

The number of entries will not exceed 10 heats for 100m, 8 heats for 200m, 3 heats for 400m.

Le nombre d'engagés ne pourra pas dépasser 10 séries au 100m, 8 séries au 200m, 3 séries au 400m.