



# Mare Nostrum Monaco

MONACO  
from 21st to 22nd May 2022 - 50m pool



## Results

[FINA quotation]

### Records du 400 4 Nages Dames

Record du Monde: **4:26.36** HOSSZU Katinka (1989) HUN 06/08/2016 RIO DE JANEIRO  
Record d'Europe: **4:26.36** HOSSZU Katinka (1989) HUN 06/08/2016 RIO DE JANEIRO  
MONACO RECORD: **4:32.87** HOSSZU Katinka (1989) HUN 08/06/2019 MONACO  
MARE NOSTRUM RECORD: **4:30.75** HOSSZU Katinka (1989) HUN 11/06/2016 BARCELONA

### Prelim : 400 Medley Women

[Saturday, 21/05/2022]

1.	JAKABOS Zsuzsanna	1989	HUN	HUNGARIAN SWIMMING FEDERATION	+0.74	<b>4:43.31</b>	<b>831 pts</b>
	50 m : 29.87 (29.87)	100 m : 1:03.83 (33.96)	[1:03.83]	150 m : 1:40.43 (36.60)	200 m : 2:16.28 (35.85)	[1:12.45]	
	250 m : 2:57.31 (41.03)	300 m : 3:38.83 (41.52)	[1:22.55]	350 m : 4:11.48 (32.65)	400 m : 4:43.31 (31.83)	[1:04.48]	
2.	SEBESTYEN Dalma	1997	HUN	HUNGARIAN SWIMMING FEDERATION	+0.71	<b>4:45.31</b>	<b>813 pts</b>
	50 m : 29.63 (29.63)	100 m : 1:03.52 (33.89)	[1:03.52]	150 m : 1:41.22 (37.70)	200 m : 2:18.89 (37.67)	[1:15.37]	
	250 m : 2:58.74 (39.85)	300 m : 3:40.16 (41.42)	[1:21.27]	350 m : 4:13.19 (33.03)	400 m : 4:45.31 (32.12)	[1:05.15]	
3.	MEDER Rebecca	2002	RSA	SOUTH AFRICA	+0.76	<b>4:47.67</b>	<b>793 pts</b>
	50 m : 29.25 (29.25)	100 m : 1:04.71 (35.46)	[1:04.71]	150 m : 1:42.40 (37.69)	200 m : 2:19.22 (36.82)	[1:14.51]	
	250 m : 3:00.14 (40.92)	300 m : 3:41.85 (41.71)	[1:22.63]	350 m : 4:15.42 (33.57)	400 m : 4:47.67 (32.25)	[1:05.82]	
4.	MCCARTHY Georgina-Phillipa	2002	NZL	SWIMMING NEW ZEALAND	+0.75	<b>4:48.85</b>	<b>784 pts</b>
	50 m : 31.10 (31.10)	100 m : 1:06.75 (35.65)	[1:06.75]	150 m : 1:43.95 (37.20)	200 m : 2:19.83 (35.88)	[1:13.08]	
	250 m : 2:59.90 (40.07)	300 m : 3:41.34 (41.44)	[1:21.51]	350 m : 4:15.48 (34.14)	400 m : 4:48.85 (33.37)	[1:07.51]	
5.	JUSTE SANCHEZ Paula	2003	ESP	ROYAL SPANISH SWIMMING FEDERATION	+0.63	<b>4:49.55</b>	<b>778 pts</b>
	50 m : 30.38 (30.38)	100 m : 1:05.07 (34.69)	[1:05.07]	150 m : 1:43.71 (38.64)	200 m : 2:20.90 (37.19)	[1:15.83]	
	250 m : 3:02.72 (41.82)	300 m : 3:44.33 (41.61)	[1:23.43]	350 m : 4:17.47 (33.14)	400 m : 4:49.55 (32.08)	[1:05.22]	
6.	KESELY Ajna	2001	HUN	HUNGARIAN SWIMMING FEDERATION	+0.69	<b>4:50.45</b>	<b>771 pts</b>
	50 m : 30.49 (30.49)	100 m : 1:04.23 (33.74)	[1:04.23]	150 m : 1:41.10 (36.87)	200 m : 2:16.74 (35.64)	[1:12.51]	
	250 m : 3:00.15 (43.41)	300 m : 3:44.59 (44.44)	[1:27.85]	350 m : 4:18.29 (33.70)	400 m : 4:50.45 (32.16)	[1:05.86]	
7.	BELMONTE GARCIA Mireia	1990	ESP	ROYAL SPANISH SWIMMING FEDERATION	+0.65	<b>4:50.93</b>	<b>767 pts</b>
	50 m : 30.98 (30.98)	100 m : 1:06.20 (35.22)	[1:06.20]	150 m : 1:45.30 (39.10)	200 m : 2:23.67 (38.37)	[1:17.47]	
	250 m : 3:04.36 (40.69)	300 m : 3:45.50 (41.14)	[1:21.83]	350 m : 4:19.14 (33.64)	400 m : 4:50.93 (31.79)	[1:05.43]	
8.	FRANQUINET Ambre	2004	BEL	LIEGE NATATION	+0.75	<b>4:53.68</b>	<b>746 pts</b>
	50 m : 30.03 (30.03)	100 m : 1:04.44 (34.41)	[1:04.44]	150 m : 1:43.15 (38.71)	200 m : 2:20.85 (37.70)	[1:16.41]	
	250 m : 3:01.93 (41.08)	300 m : 3:44.92 (42.99)	[1:24.07]	350 m : 4:20.04 (35.12)	400 m : 4:53.68 (33.64)	[1:08.76]	
9.	ABRAHAM Lilla-Minna	2006	HUN	HUNGARIAN SWIMMING FEDERATION	+0.74	<b>4:55.66</b>	<b>731 pts</b>
	50 m : 31.18 (31.18)	100 m : 1:06.88 (35.70)	[1:06.88]	150 m : 1:46.12 (39.24)	200 m : 2:23.86 (37.74)	[1:16.98]	
	250 m : 3:05.56 (41.70)	300 m : 3:48.83 (43.27)	[1:24.97]	350 m : 4:22.90 (34.07)	400 m : 4:55.66 (32.76)	[1:06.83]	
10.	ROVERSI Paola	2005	ITA	CANOTTIERI BALDESIO	+0.89	<b>5:03.66</b>	<b>674 pts</b>
	50 m : 31.45 (31.45)	100 m : 1:08.68 (37.23)	[1:08.68]	150 m : 1:47.96 (39.28)	200 m : 2:25.87 (37.91)	[1:17.19]	
	250 m : 3:09.86 (43.99)	300 m : 3:54.83 (44.97)	[1:28.96]	350 m : 4:30.05 (35.22)	400 m : 5:03.66 (33.61)	[1:08.83]	
---	MARIC Lea	2007	FRA	AS. SP. MONACO NATATION			<b>DNS dec</b>
---	VIACAVA Giulia	2006	ITA	AS. SP. MONACO NATATION			<b>DNS dec</b>
---	WALSHE Ellen	2001	IRL	UNIVERSITY OF TENNESSEE			<b>DNS</b>