



# Mare Nostrum Monaco

MONACO  
from 21st to 22nd May 2022 - 50m pool



## Results

[FINA quotation]

### Records du 400 Nage Libre Dames

Record du Monde: **3:56.46** LEDECKY Katie (1997) USA 07/08/2016 RIO DE JANEIRO  
Record d'Europe: **3:59.15** PELLEGRINI Federica (1988) ITA 26/07/2009 ROME  
MONACO RECORD: **4:02.84** MUFFAT Camille (1989) FRA 09/06/2013 MONACO  
MARE NOSTRUM RECORD: **4:02.84** MUFFAT Camille (1989) FRA 09/06/2013 MONACO

### Prelim : 400 Freestyle Women

[Sunday, 22/05/2022]

1.	KESELY Ajna	2001	HUN	HUNGARIAN SWIMMING FEDERATION	+0.68	<b>4:11.79</b>	828 pts
	50 m : 29.22 (29.22)	100 m : 1:00.54 (31.32)	[1:00.54]	150 m : 1:32.13 (31.59)	200 m : 2:03.79 (31.66)	[1:03.25]	
	250 m : 2:35.50 (31.71)	300 m : 3:07.53 (32.03)	[1:03.74]	350 m : 3:39.80 (32.27)	400 m : 4:11.79 (31.99)	[1:04.26]	
2.	KULLMANN Leonie	1999	GER	BERLIN - SGN	+0.73	<b>4:13.11</b>	815 pts
	50 m : 29.41 (29.41)	100 m : 1:00.66 (31.25)	[1:00.66]	150 m : 1:32.54 (31.88)	200 m : 2:04.33 (31.79)	[1:03.67]	
	250 m : 2:36.60 (32.27)	300 m : 3:08.81 (32.21)	[1:04.48]	350 m : 3:41.18 (32.37)	400 m : 4:13.11 (31.93)	[1:04.30]	
3.	DEANS Caitlin	1999	NZL	SWIMMING NEW ZEALAND	+0.77	<b>4:14.34</b>	803 pts
	50 m : 29.65 (29.65)	100 m : 1:01.48 (31.83)	[1:01.48]	150 m : 1:33.42 (31.94)	200 m : 2:05.70 (32.28)	[1:04.22]	
	250 m : 2:37.64 (31.94)	300 m : 3:10.14 (32.50)	[1:04.44]	350 m : 3:42.36 (32.22)	400 m : 4:14.34 (31.98)	[1:04.20]	
4.	JUSTE SANCHEZ Paula	2003	ESP	ROYAL SPANISH SWIMMING FEDERATION	+0.64	<b>4:18.44</b>	765 pts
	50 m : 29.95 (29.95)	100 m : 1:02.41 (32.46)	[1:02.41]	150 m : 1:35.22 (32.81)	200 m : 2:08.44 (33.22)	[1:06.03]	
	250 m : 2:41.02 (32.58)	300 m : 3:14.04 (33.02)	[1:05.60]	350 m : 3:46.62 (32.58)	400 m : 4:18.44 (31.82)	[1:04.40]	
5.	ABRAHAM Lilla-Minna	2006	HUN	HUNGARIAN SWIMMING FEDERATION	+0.70	<b>4:19.20</b>	759 pts
	50 m : 30.37 (30.37)	100 m : 1:03.45 (33.08)	[1:03.45]	150 m : 1:37.43 (33.98)	200 m : 2:10.37 (32.94)	[1:06.92]	
	250 m : 2:43.17 (32.80)	300 m : 3:15.90 (32.73)	[1:05.53]	350 m : 3:48.39 (32.49)	400 m : 4:19.20 (30.81)	[1:03.30]	
6.	HERRERO LAZARO Alba	2002	ESP	ROYAL SPANISH SWIMMING FEDERATION	+0.68	<b>4:19.41</b>	757 pts
	50 m : 29.76 (29.76)	100 m : 1:01.94 (32.18)	[1:01.94]	150 m : 1:34.99 (33.05)	200 m : 2:07.91 (32.92)	[1:05.97]	
	250 m : 2:41.08 (33.17)	300 m : 3:14.52 (33.44)	[1:06.61]	350 m : 3:47.67 (33.15)	400 m : 4:19.41 (31.74)	[1:04.89]	
7.	OLIVIER Monique	1998	LUX	FÉDÉRATION LUXEMBOURGEOISE DE NA...	+0.72	<b>4:19.69</b>	754 pts
	50 m : 29.44 (29.44)	100 m : 1:01.46 (32.02)	[1:01.46]	150 m : 1:34.25 (32.79)	200 m : 2:07.49 (33.24)	[1:06.03]	
	250 m : 2:40.58 (33.09)	300 m : 3:14.15 (33.57)	[1:06.66]	350 m : 3:47.54 (33.39)	400 m : 4:19.69 (32.15)	[1:05.54]	
8.	CAMPABADAL Ainhoa	2003	ESP	ROYAL SPANISH SWIMMING FEDERATION	+0.69	<b>4:20.37</b>	749 pts
	50 m : 30.08 (30.08)	100 m : 1:02.69 (32.61)	[1:02.69]	150 m : 1:35.70 (33.01)	200 m : 2:08.74 (33.04)	[1:06.05]	
	250 m : 2:41.66 (32.92)	300 m : 3:14.64 (32.98)	[1:05.90]	350 m : 3:47.74 (33.10)	400 m : 4:20.37 (32.63)	[1:05.73]	
9.	HOWARD Ann	2000	CAN	TORONTO	+0.72	<b>4:26.64</b>	697 pts
	50 m : 30.76 (30.76)	100 m : 1:04.05 (33.29)	[1:04.05]	150 m : 1:37.89 (33.84)	200 m : 2:11.93 (34.04)	[1:07.88]	
	250 m : 2:45.79 (33.86)	300 m : 3:19.47 (33.68)	[1:07.54]	350 m : 3:53.48 (34.01)	400 m : 4:26.64 (33.16)	[1:07.17]	
10.	LITTLEJOHN Laura	2004	NZL	SWIMMING NEW ZEALAND	+0.74	<b>4:31.99</b>	657 pts
	50 m : 30.68 (30.68)	100 m : 1:04.35 (33.67)	[1:04.35]	150 m : 1:38.57 (34.22)	200 m : 2:12.99 (34.42)	[1:08.64]	
	250 m : 2:47.69 (34.70)	300 m : 3:22.71 (35.02)	[1:09.72]	350 m : 3:57.62 (34.91)	400 m : 4:31.99 (34.37)	[1:09.28]	
11.	JOMINET Lou	2005	LUX	FÉDÉRATION LUXEMBOURGEOISE DE NA...	+0.73	<b>4:34.57</b>	638 pts
	50 m : 30.97 (30.97)	100 m : 1:04.61 (33.64)	[1:04.61]	150 m : 1:38.86 (34.25)	200 m : 2:13.97 (35.11)	[1:09.36]	
	250 m : 2:49.36 (35.39)	300 m : 3:25.12 (35.76)	[1:11.15]	350 m : 4:01.04 (35.92)	400 m : 4:34.57 (33.53)	[1:09.45]	
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