



Mare Nostrum Monaco

MONACO
from 21st to 22nd May 2022 - 50m pool



Results

[FINA quotation]

Records du 400 4 Nages Messieurs

Record du Monde: **4:03.84** PHELPS Michael (1985) USA 10/08/2008 PÉKIN

Record d'Europe: **4:06.16** CSEH Laszlo (1985) HUN 10/08/2008 PÉKIN

MONACO RECORD: **4:10.30** SETO Daiya (1994) JPN 09/06/2019 MONACO

MARE NOSTRUM RECORD: **4:07.96** CSEH Laszlo (1985) HUN 14/06/2008 CANET

Prelim : 400 Medley Men

[Sunday, 22/05/2022]

1.	SATES Matthew	2003	RSA	SOUTH AFRICA	+0.68	4:12.74	898 pts
	50 m : 25.96 (25.96)	100 m : 56.42 (30.46)	[56.42]	150 m : 1:30.70 (34.28)	200 m : 2:04.49 (33.79)	[1:08.07]	
	250 m : 2:38.92 (34.43)	300 m : 3:14.41 (35.49)	[1:09.92]	350 m : 3:44.28 (29.87)	400 m : 4:12.74 (28.46)	[58.33]	
2.	LITCHFIELD Max	1995	GBR	DEARNE VALLEY SWIM CLUB	+0.65	4:17.43	849 pts
	50 m : 27.26 (27.26)	100 m : 58.68 (31.42)	[58.68]	150 m : 1:32.79 (34.11)	200 m : 2:05.05 (32.26)	[1:06.37]	
	250 m : 2:41.96 (36.91)	300 m : 3:18.86 (36.90)	[1:13.81]	350 m : 3:48.84 (29.98)	400 m : 4:17.43 (28.59)	[58.57]	
3.	KOS Hubert	2003	HUN	HUNGARIAN SWIMMING FEDERATION	+0.58	4:18.43	840 pts
	50 m : 27.46 (27.46)	100 m : 59.81 (32.35)	[59.81]	150 m : 1:32.68 (32.87)	200 m : 2:05.21 (32.53)	[1:05.40]	
	250 m : 2:42.45 (37.24)	300 m : 3:20.37 (37.92)	[1:15.16]	350 m : 3:50.53 (30.16)	400 m : 4:18.43 (27.90)	[58.06]	
4.	SYOUD Jaouad	1999	ALG	OLYMPIC NICE NATATION	+0.65	4:20.57	819 pts
	50 m : 27.47 (27.47)	100 m : 59.33 (31.86)	[59.33]	150 m : 1:33.69 (34.36)	200 m : 2:07.58 (33.89)	[1:08.25]	
	250 m : 2:42.98 (35.40)	300 m : 3:19.22 (36.24)	[1:11.64]	350 m : 3:50.29 (31.07)	400 m : 4:20.57 (30.28)	[1:01.35]	
5.	GALLANT Jacob	2002	CAN	TORONTO	+0.75	4:24.50	783 pts
	50 m : 27.35 (27.35)	100 m : 59.76 (32.41)	[59.76]	150 m : 1:34.58 (34.82)	200 m : 2:09.33 (34.75)	[1:09.57]	
	250 m : 2:45.63 (36.30)	300 m : 3:23.34 (37.71)	[1:14.01]	350 m : 3:54.05 (30.71)	400 m : 4:24.50 (30.45)	[1:01.16]	
6.	MUHLLEITNER Henning	1997	GER	SPORT-UNION NECKARSULM	+0.74	4:26.70	764 pts
	50 m : 28.96 (28.96)	100 m : 1:00.76 (31.80)	[1:00.76]	150 m : 1:36.93 (36.17)	200 m : 2:11.11 (34.18)	[1:10.35]	
	250 m : 2:49.56 (38.45)	300 m : 3:28.19 (38.63)	[1:17.08]	350 m : 3:58.33 (30.14)	400 m : 4:26.70 (28.37)	[58.51]	
7.	CHOUCHAR Ramzi	1997	ALG	CERCLE NAGEURS D'ANTIBES	+0.65	4:29.66	739 pts
	50 m : 27.51 (27.51)	100 m : 59.81 (32.30)	[59.81]	150 m : 1:35.31 (35.50)	200 m : 2:11.15 (35.84)	[1:11.34]	
	250 m : 2:48.09 (36.94)	300 m : 3:26.01 (37.92)	[1:14.86]	350 m : 3:58.06 (32.05)	400 m : 4:29.66 (31.60)	[1:03.65]	
8.	BROWN Samuel	2003	NZL	SWIMMING NEW ZEALAND	+0.76	4:30.72	730 pts
	50 m : 28.08 (28.08)	100 m : 1:01.60 (33.52)	[1:01.60]	150 m : 1:35.61 (34.01)	200 m : 2:09.29 (33.68)	[1:07.69]	
	250 m : 2:47.19 (37.90)	300 m : 3:26.18 (38.99)	[1:16.89]	350 m : 3:59.41 (33.23)	400 m : 4:30.72 (31.31)	[1:04.54]	
9.	RUEEGG Sinan	2000	SUI	LIMMAT SHARKS ZURICH	+0.71	4:31.08	727 pts
	50 m : 29.05 (29.05)	100 m : 1:02.32 (33.27)	[1:02.32]	150 m : 1:39.27 (36.95)	200 m : 2:14.93 (35.66)	[1:12.61]	
	250 m : 2:51.70 (36.77)	300 m : 3:28.47 (36.77)	[1:13.54]	350 m : 4:00.66 (32.19)	400 m : 4:31.08 (30.42)	[1:02.61]	
10.	KHALIL Adib	2002	LBN	AS. SP. MONACO NATATION	+0.67	4:40.26	658 pts
	50 m : 28.82 (28.82)	100 m : 1:01.32 (32.50)	[1:01.32]	150 m : 1:38.27 (36.95)	200 m : 2:14.37 (36.10)	[1:13.05]	
	250 m : 2:55.69 (41.32)	300 m : 3:37.09 (41.40)	[1:22.72]	350 m : 4:09.22 (32.13)	400 m : 4:40.26 (31.04)	[1:03.17]	
---	FALOPPA Ethan	2005	MON	FEDERATION MONEGASQUE DE NATATIO...		DNS dec	
---	LICON Will	1994	USA	USA - LONGHORN AQUATICS		DNS dec	
---	LIETZEN Jesper	2002	FIN	FINLAND		DNS dec	
---	VANMOEN Romain	2002	FRA	AS. SP. MONACO NATATION		DNS dec	