



Mare Nostrum Monaco
MONACO
from 20th to 21st May 2023 - 50m pool



Results

[FINA quotation]

Records du 400 Nage Libre Dames

Record du Monde: **3:56.40** Ariarne TITMUS (2000) AUS 22/05/2022 ADELAIDE
Record d'Europe: **3:59.15** Federica PELLEGRINI (1988) ITA 26/07/2009 ROME
Monaco Record: **4:02.84** Camille MUFFAT (1989) FRA 09/06/2013 MONACO
Mare Nostrum Record: **4:02.84** Camille MUFFAT (1989) FRA 09/06/2013 MONACO

Prelims : 400 Freestyle Women

[Sunday, 21/05/2023]

QFA	1.	Agostina HEIN	2008	ARG	ARGENTINE SWIMMING FEDERATION	+0.77	4:14.80	798 pts
		50 m : 29.38 (29.38)	100 m : 1:01.16 (31.78)	[1:01.16]	150 m : 1:33.19 (32.03)	200 m : 2:05.54 (32.35)	[1:04.38]	
		250 m : 2:37.79 (32.25)	300 m : 3:10.33 (32.54)	[1:04.79]	350 m : 3:42.75 (32.42)	400 m : 4:14.80 (32.05)	[1:04.47]	
QFA	2.	Ruka TAKEZAWA	2006	JPN	JAPAN SWIMMING FEDERATION	+0.61	4:18.40	765 pts
		50 m : 29.74 (29.74)	100 m : 1:01.67 (31.93)	[1:01.67]	150 m : 1:33.81 (32.14)	200 m : 2:06.19 (32.38)	[1:04.52]	
		250 m : 2:39.51 (33.32)	300 m : 3:12.66 (33.15)	[1:06.47]	350 m : 3:46.03 (33.37)	400 m : 4:18.40 (32.37)	[1:05.74]	
QFA	3.	Emma O'CROININ	2003	CAN	SWIMMING CANADA	+0.69	4:19.01	760 pts
		50 m : 29.02 (29.02)	100 m : 1:00.91 (31.89)	[1:00.91]	150 m : 1:33.87 (32.96)	200 m : 2:06.71 (32.84)	[1:05.80]	
		250 m : 2:40.03 (33.32)	300 m : 3:12.89 (32.86)	[1:06.18]	350 m : 3:46.34 (33.45)	400 m : 4:19.01 (32.67)	[1:06.12]	
QFA	4.	Hiroko MAKINO	1999	JPN	JAPAN SWIMMING FEDERATION	+0.63	4:19.10	759 pts
		50 m : 29.84 (29.84)	100 m : 1:01.79 (31.95)	[1:01.79]	150 m : 1:34.13 (32.34)	200 m : 2:06.79 (32.66)	[1:05.00]	
		250 m : 2:39.79 (33.00)	300 m : 3:12.87 (33.08)	[1:06.08]	350 m : 3:46.29 (33.42)	400 m : 4:19.10 (32.81)	[1:06.23]	
QFA	5.	Malena SANTILLAN	2008	ARG	ARGENTINE SWIMMING FEDERATION	+0.74	4:20.88	744 pts
		50 m : 30.47 (30.47)	100 m : 1:02.95 (32.48)	[1:02.95]	150 m : 1:35.96 (33.01)	200 m : 2:09.21 (33.25)	[1:06.26]	
		250 m : 2:42.41 (33.20)	300 m : 3:15.49 (33.08)	[1:06.28]	350 m : 3:48.85 (33.36)	400 m : 4:20.88 (32.03)	[1:05.39]	
QFA	6.	Oceane CARNEZ	2002	FRA	BETHUNE PELICAN CLUB	+0.65	4:23.93	718 pts
		50 m : 30.05 (30.05)	100 m : 1:02.24 (32.19)	[1:02.24]	150 m : 1:35.76 (33.52)	200 m : 2:09.49 (33.73)	[1:07.25]	
		250 m : 2:42.87 (33.38)	300 m : 3:16.72 (33.85)	[1:07.23]	350 m : 3:50.48 (33.76)	400 m : 4:23.93 (33.45)	[1:07.21]	
QFA	7.	Elisa PIGNOTTI	2006	ITA	QSWIM SSD A R.L.	+0.77	4:28.28	684 pts
		50 m : 30.65 (30.65)	100 m : 1:03.94 (33.29)	[1:03.94]	150 m : 1:37.77 (33.83)	200 m : 2:12.05 (34.28)	[1:08.11]	
		250 m : 2:45.78 (33.73)	300 m : 3:20.30 (34.52)	[1:08.25]	350 m : 3:54.73 (34.43)	400 m : 4:28.28 (33.55)	[1:07.98]	
QFA	8.	Lisa POU	1999	FRA	AS. SP. MONACO NATATION	+0.75	4:29.06	678 pts
		50 m : 31.56 (31.56)	100 m : 1:05.38 (33.82)	[1:05.38]	150 m : 1:39.79 (34.41)	200 m : 2:13.75 (33.96)	[1:08.37]	
		250 m : 2:47.50 (33.75)	300 m : 3:21.61 (34.11)	[1:07.86]	350 m : 3:55.71 (34.10)	400 m : 4:29.06 (33.35)	[1:07.45]	
	9.	Lou-Anne BARNIET	2002	FRA	SAINT-RAPHAEL NATATION	+0.75	4:31.47	660 pts
		50 m : 31.41 (31.41)	100 m : 1:05.04 (33.63)	[1:05.04]	150 m : 1:39.26 (34.22)	200 m : 2:13.88 (34.62)	[1:08.84]	
		250 m : 2:48.36 (34.48)	300 m : 3:22.97 (34.61)	[1:09.09]	350 m : 3:57.58 (34.61)	400 m : 4:31.47 (33.89)	[1:08.50]	
	10.	Lauren BRETT	2006	GBR	AS. SP. MONACO NATATION	+0.72	4:56.32	507 pts
		50 m : 33.66 (33.66)	100 m : 1:10.47 (36.81)	[1:10.47]	150 m : 1:47.56 (37.09)	200 m : 2:25.26 (37.70)	[1:14.79]	
		250 m : 3:03.18 (37.92)	300 m : 3:41.28 (38.10)	[1:16.02]	350 m : 4:19.21 (37.93)	400 m : 4:56.32 (37.11)	[1:15.04]	
	11.	Maya BELARIBI	2008	FRA	AS. SP. MONACO NATATION	+0.68	5:04.08	469 pts
		50 m : 33.10 (33.10)	100 m : 1:09.70 (36.60)	[1:09.70]	150 m : 1:48.00 (38.30)	200 m : 2:26.75 (38.75)	[1:17.05]	
		250 m : 3:06.42 (39.67)	300 m : 3:46.19 (39.77)	[1:19.44]	350 m : 4:26.06 (39.87)	400 m : 5:04.08 (38.02)	[1:17.89]	
---		Siobhan-Bernadette HAUGHEY	1997	HKG	HONG KONG CHINA SWIMMING ASSOCIA...		DNS dec	
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