



Mare Nostrum Monaco

MONACO

from 20th to 21st May 2023 - 50m pool



Results

[FINA quotation]

Records du 400 4 Nages Messieurs

Record du Monde: **4:03.84** Michael PHELPS (1985) USA 10/08/2008 PÉKIN
 Record d'Europe: **4:04.28** Léon MARCHAND (2002) FRA 18/06/2022 BUDAPEST
 Monaco Record: **4:10.30** Daiya SETO (1994) JPN 09/06/2019 MONACO
 Mare Nostrum Record: **4:07.96** Laszlo CSEH (1985) HUN 14/06/2008 CANET

Final A : 400 Medley Men

[Sunday, 21/05/2023]

1.	Tomoyuki MATSUSHITA	2005	JPN	JAPAN SWIMMING FEDERATION	+0.60	4:12.53	900 pts		
50 m :	26.19 (26.19)	100 m :	56.69 (30.50)	[56.69]	150 m :	1:30.26 (33.57)	200 m :	2:03.19 (32.93)	[1:06.50]
250 m :	2:38.34 (35.15)	300 m :	3:14.25 (35.91)	[1:11.06]	350 m :	3:44.73 (30.48)	400 m :	4:12.53 (27.80)	[58.28]
2.	Riku YAMAGUCHI	2005	JPN	JAPAN SWIMMING FEDERATION	+0.62	4:13.51	889 pts		
50 m :	26.50 (26.50)	100 m :	57.46 (30.96)	[57.46]	150 m :	1:30.57 (33.11)	200 m :	2:02.60 (32.03)	[1:05.14]
250 m :	2:37.95 (35.35)	300 m :	3:13.72 (35.77)	[1:11.12]	350 m :	3:44.73 (31.01)	400 m :	4:13.51 (28.78)	[59.79]
3.	Lorne WIGGINTON	2005	CAN	SWIMMING CANADA	+0.62	4:19.27	831 pts		
50 m :	27.73 (27.73)	100 m :	58.48 (30.75)	[58.48]	150 m :	1:32.77 (34.29)	200 m :	2:05.95 (33.18)	[1:07.47]
250 m :	2:42.87 (36.92)	300 m :	3:19.64 (36.77)	[1:13.69]	350 m :	3:50.12 (30.48)	400 m :	4:19.27 (29.15)	[59.63]
4.	Emilien MATTENET	2000	FRA	CHARLEVILLE-MEZIERES NATATION	+0.72	4:22.31	803 pts		
50 m :	27.68 (27.68)	100 m :	1:00.19 (32.51)	[1:00.19]	150 m :	1:34.53 (34.34)	200 m :	2:07.65 (33.12)	[1:07.46]
250 m :	2:44.92 (37.27)	300 m :	3:22.67 (37.75)	[1:15.02]	350 m :	3:53.45 (30.78)	400 m :	4:22.31 (28.86)	[59.64]
5.	Marcos MARTIN	2002	ESP	ROYAL SPANISH SWIMMING FEDERATION	+0.68	4:32.46	716 pts		
50 m :	27.51 (27.51)	100 m :	59.41 (31.90)	[59.41]	150 m :	1:34.66 (35.25)	200 m :	2:08.94 (34.28)	[1:09.53]
250 m :	2:47.43 (38.49)	300 m :	3:27.53 (40.10)	[1:18.59]	350 m :	4:00.68 (33.15)	400 m :	4:32.46 (31.78)	[1:04.93]
6.	Peter-Harry WHITTINGTON	2004	HKG	HONG KONG CHINA SWIMMING ASSOCIA...	+0.67	4:33.64	707 pts		
50 m :	28.69 (28.69)	100 m :	1:02.01 (33.32)	[1:02.01]	150 m :	1:38.71 (36.70)	200 m :	2:13.93 (35.22)	[1:11.92]
250 m :	2:52.87 (38.94)	300 m :	3:30.97 (38.10)	[1:17.04]	350 m :	4:03.35 (32.38)	400 m :	4:33.64 (30.29)	[1:02.67]
7.	Albert ESCRITS MANOSA	1998	ESP	FEDERACIO CATALANA NATACIO	+0.73	4:39.63	663 pts		
50 m :	29.07 (29.07)	100 m :	1:01.95 (32.88)	[1:01.95]	150 m :	1:38.42 (36.47)	200 m :	2:12.84 (34.42)	[1:10.89]
250 m :	2:55.24 (42.40)	300 m :	3:36.86 (41.62)	[1:24.02]	350 m :	4:09.11 (32.25)	400 m :	4:39.63 (30.52)	[1:02.77]
8.	Mathieu DUFRAIGNE	2007	FRA	OLYMPIC NICE NATATION	+0.63	4:39.85	661 pts		
50 m :	28.58 (28.58)	100 m :	1:01.42 (32.84)	[1:01.42]	150 m :	1:39.18 (37.76)	200 m :	2:15.06 (35.88)	[1:13.64]
250 m :	2:54.51 (39.45)	300 m :	3:34.81 (40.30)	[1:19.75]	350 m :	4:08.05 (33.24)	400 m :	4:39.85 (31.80)	[1:05.04]