



Mare Nostrum Monaco

MONACO
from 01st to 02nd June 2024 - 50m pool



Results

[FINA quotation]

Records du 400 4 Nages Dames

Record du Monde: **4:24.38** Summer MCINTOSH (2006) CAN 16/05/2024 TORONTO
Record d'Europe: **4:26.36** Katinka HOSSZU (1989) HUN 06/08/2016 RIO DE JANEIRO
Mare Nostrum Record: **4:30.75** Katinka HOSSZU (1989) HUN 11/06/2016 BARCELONA
Monaco Record: **4:32.87** Katinka HOSSZU (1989) HUN 08/06/2019 MONACO

Final A : 400 Medley Women

[Saturday, 01/06/2024]

1.	Anastasia GORBENKO	2003	ISR	ISRAEL	+0.68	4:34.87	904 pts		
50 m :	28.10 (28.10)	100 m :	1:01.01 (32.91)	[1:01.01]	150 m :	1:37.69 (36.68)	200 m :	2:13.10 (35.41)	[1:12.09]
250 m :	2:51.50 (38.40)	300 m :	3:30.82 (39.32)	[1:17.72]	350 m :	4:02.73 (31.91)	400 m :	4:34.87 (32.14)	[1:04.05]
2.	Mio NARITA	2006	JPN	JAPAN	+0.67	4:37.48	879 pts		
50 m :	29.15 (29.15)	100 m :	1:02.63 (33.48)	[1:02.63]	150 m :	1:39.39 (36.76)	200 m :	2:15.02 (35.63)	[1:12.39]
250 m :	2:54.82 (39.80)	300 m :	3:34.88 (40.06)	[1:19.86]	350 m :	4:06.72 (31.84)	400 m :	4:37.48 (30.76)	[1:02.60]
3.	Shiho MATSUMOTO	2002	JPN	JAPAN	+0.64	4:41.69	840 pts		
50 m :	28.39 (28.39)	100 m :	1:01.54 (33.15)	[1:01.54]	150 m :	1:38.05 (36.51)	200 m :	2:14.55 (36.50)	[1:13.01]
250 m :	2:54.13 (39.58)	300 m :	3:34.29 (40.16)	[1:19.74]	350 m :	4:07.72 (33.43)	400 m :	4:41.69 (33.97)	[1:07.40]
4.	Ageha TANIGAWA	2003	JPN	JAPAN	+0.66	4:48.74	780 pts		
50 m :	29.66 (29.66)	100 m :	1:03.83 (34.17)	[1:03.83]	150 m :	1:40.97 (37.14)	200 m :	2:16.67 (35.70)	[1:12.84]
250 m :	2:58.73 (42.06)	300 m :	3:40.92 (42.19)	[1:24.25]	350 m :	4:15.61 (34.69)	400 m :	4:48.74 (33.13)	[1:07.82]
5.	Mikayla Liz TAN	2010	SGP	SINGAPORE	+0.66	4:55.54	728 pts		
50 m :	30.40 (30.40)	100 m :	1:05.61 (35.21)	[1:05.61]	150 m :	1:45.41 (39.80)	200 m :	2:23.86 (38.45)	[1:18.25]
250 m :	3:06.12 (42.26)	300 m :	3:47.96 (41.84)	[1:24.10]	350 m :	4:22.26 (34.30)	400 m :	4:55.54 (33.28)	[1:07.58]
6.	Lai-Wa NG	2005	HKG	HONG KONG - CHINA	+0.64	4:56.03	724 pts		
50 m :	30.50 (30.50)	100 m :	1:06.58 (36.08)	[1:06.58]	150 m :	1:45.55 (38.97)	200 m :	2:23.21 (37.66)	[1:16.63]
250 m :	3:06.02 (42.81)	300 m :	3:48.90 (42.88)	[1:25.69]	350 m :	4:23.43 (34.53)	400 m :	4:56.03 (32.60)	[1:07.13]
7.	Lea MARIC	2007	FRA	AS. SP. MONACO NATATION	+0.75	5:25.07	547 pts		
50 m :	34.86 (34.86)	100 m :	1:14.72 (39.86)	[1:14.72]	150 m :	1:59.45 (44.73)	200 m :	2:43.00 (43.55)	[1:28.28]
250 m :	3:26.32 (43.32)	300 m :	4:10.38 (44.06)	[1:27.38]	350 m :	4:48.38 (38.00)	400 m :	5:25.07 (36.69)	[1:14.69]